When it comes to electrical safety, one protective device that is in use at work and in the home is a ground fault circuit interrupter, or GFCI. You’ve probably seen outlets equipped with these devices located near sinks and in bathrooms at work and in your home. So what is a GFCI? A ground fault circuit interrupter is a fast-acting circuit breaker that senses small imbalances in an electrical circuit caused by the electrical current leaking to ground. If this imbalance occurs, the GFCI shuts off the electricity within a fraction of a second.

How does a GFCI work? The GFCI device continually matches the amount of current going to an electrical device against the amount of current returning from the device along the electrical circuit path. Whenever the amount “going” differs from the amount “returning” by approximately 5 milliamps, the GFCI interrupts the electric power by closing the circuit within as little as 1/40th of a second. In other words, the GFCI will essentially shut the power off to the outlet so that you do not get an electrical shock.

Now here’s what a GFCI does and does not do: It does provide protection against the grounding fault, which is the most common form of electrical shock hazard. A grounding fault occurs when a “hot” wire comes into contact with a grounded enclosure. If you happen to be in contact with the grounded enclosure of an electrical tool when a ground fault occurs, you will be subject to a shock, unless a GFCI device is in use and functioning as intended. The GFCI does not protect you from line-to-line contact hazards (i.e., holding two “hot” wires or a hot and a neutral wire in each hand).

Where are GFCIs needed at home? The shock hazards of a grounding fault are not isolated to just your work place. A grounding fault may occur at home in areas such as bathrooms, kitchens, garages and basements. You need to be vigilant and make sure that the circuits you are plugged into are protected by GFCIs whenever using electrical tools or equipment in potentially wet environments. Most local building codes require receptacles in potentially wet locations, such as near sinks in bathrooms and kitchens, to be equipped with a GFCI device. It is also recommended that you use a GFCI device whenever you have any concerns about the integrity of the tool, equipment or cord system.

To ensure your safety, always make sure the tools and cords you are in good working condition, and inspect them regularly for any visible damage. Failure in the insulation or grounding protection of your tools or cords could result in ground faults. If there is an outlet equipped with a GFCI device, use it when operating tools or other electrical equipment. Take a little extra care so that you will not have a SHOCKING experience.