

:: Eye Protection ::

Have you ever thought about what life would be like without eyesight? How would you get dressed in the morning? How would you make a living? How would you enjoy the flowers in your garden or the expressions on your children's faces at Christmas? Your eyes are important in almost all of your activities and, because eyes only come one pair to a customer, they deserve all the care and protection you can give them. If there are some activities within your company that can cause eye injuries, it's important to understand what you can do to protect your eyes.

The most important thing you can do is to wear eye protection when there is a danger of flying particles, dust or harmful liquids getting into your eyes. Activities such as using portable tools or mitigating mold are examples of where eye protection should be worn.

Eye protection can include safety glasses, goggles or a full face shield, and there are different types and styles of each of these (such as chemical-splash goggles or safety glasses that double as sunglasses). Take time to familiarize yourself with the types and styles of protective eyewear that your organization has, and ensure you wear the proper protection for the job you are performing.

You should also ensure that any eye protection you are issued is kept clean and in good repair – lenses should not be scratched to the point that it interferes with your vision, and the eyewear should not be cracked or have sharp edges.

Don't risk losing one of your most precious possessions, your eyesight. Wear eye protection when needed, both on and off the job, and encourage others to do the same. If an accident should happen, you'll be very glad you did.