Using Portable Fire Extinguishers Safely

Introduction:

Fire extinguishers are first-aid devices. Operators must be trained in their classification and use. When a fire is first detected, THINK SAFETY FIRST!

- Sound the alarm.
- Evacuate to a safe location.
- Immediately contact the local fire department by dialing 911 if possible.
- Provide any and all information requested.

Classification of types of fires and types of portable fire extinguishers:

- **Class A** fires involve ordinary materials such as paper, cloth, wood, cardboard, foam, and other rubbish and debris.
  - Use a Class A or Class ABC fire extinguisher on this type of fire.

- **Class B** fires involve flammable and combustible liquids such as fuels, paints, solvents, and grease.
  - Use a Class B or Class ABC fire extinguisher.
  - Do not use a Class A extinguisher on this type of fire. It may spread the flames.

- **Class C** fires are electrical fires.
  - Use a Class C or Class ABC fire extinguisher on these types of fires.
  - Do not use a Class A fire extinguisher on this type of fire.
  - You must disconnect the power source to eliminate these types of fires.

- **Class D** fires involve flammable metals such as magnesium, potassium and other flammable metals. Must utilize special extinguishing agents to extinguish these types of fires.
  - Class A, Class B, or Class C fire extinguishers are not designed to extinguish these types of fires.
  - Class ABC fire extinguishers are designed to be used on all classes of fires except Class D fires.
  - Class BC fire extinguishers are designed to be used on flammable liquid and electrical fires only.

- **Class K** fires involve cooking oils.

Operating the Extinguisher:
Follow these operating procedures if/when attempting to extinguish a fire utilizing a fire extinguisher listed above. Do not attempt to extinguish a fire if you are not trained and/or authorized to do so. PASS method of using fire extinguishers:

- **PULL** the retaining pin on the handle of the fire extinguisher. Stand back eight -10 feet from the fire.
- **AIM** the nozzle of the extinguisher at the base of the fire.
- **SQUEEZE** the handle of the extinguisher.
- **SWEEP** the extinguishing agent at the base of the fire.

**Support Information:**

<table>
<thead>
<tr>
<th>Fire and extinguisher operation</th>
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<tbody>
<tr>
<td><strong>Fire triangle</strong></td>
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<tr>
<td>To understand how fire extinguishers work, you need to understand a little about fire. Fire is a very rapid chemical reaction between oxygen and a combustible material, which results in the release of heat, light, flames, and smoke.</td>
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<tr>
<td>For fire to exist, the following four elements must be present at the same time:</td>
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<td>- enough oxygen to sustain combustion;</td>
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<td>- enough heat to raise the material to its ignition temperature;</td>
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<tr>
<td>- some sort of fuel or combustible material; and</td>
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<tr>
<td>- the chemical reaction that is fire.</td>
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</table>

**How a fire extinguisher works**

Portable fire extinguishers apply an extinguishing agent that will either cool burning fuel, displace or remove oxygen, or stop the chemical reaction so a fire cannot continue to burn. When the handle of an extinguisher is compressed, agent is expelled out the nozzle. A fire extinguisher works much like a can of hair spray.

All portable fire extinguishers must be approved by a nationally recognized testing laboratory to verify compliance with applicable standards [29 CFR, 1910.157(c)(2)]. Equipment that passes the laboratory's tests are labeled and given an alpha-numeric classification based on the type and size of fire it will extinguish.

Let's take a look at the label pictured. The classification is:
The letters (A, B, and C) represent the type(s) of fire for which the extinguisher has been approved.

The number in front of the A rating indicates how much water the extinguisher is equal to and represents 1.25 gallons of water for every unit of one. For example, a 4-A rated extinguisher would be equal to five (4 x 1.25) gallons of water.

The number in front of the B rating represents the area in square feet of a class B fire that a non-expert user should be able to extinguish. Using the above example, a non-expert user should be able to put out a flammable liquid fire that is as large as 10 square feet.

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**Types of fire extinguishers**

Different types of fire extinguishers are designed to fight different types of fire. The three most common types of fire extinguishers are: air pressurized water, CO2 (carbon dioxide), and dry chemical. The following table provides information regarding the type of fire and which fire extinguisher should be used.

<table>
<thead>
<tr>
<th>Extinguisher Type</th>
<th>Type of Fire</th>
<th>Ordinary Combustibles</th>
</tr>
</thead>
<tbody>
<tr>
<td>Water</td>
<td>Fires in paper, cloth, wood, rubber, and many plastics require a water type extinguisher labeled A.</td>
<td></td>
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</tbody>
</table>

**Flammable Liquids**
<table>
<thead>
<tr>
<th><strong>CO2</strong></th>
<th>Fires in oils, gasoline, some paints, lacquers, grease, solvents, and other flammable liquids require an extinguisher labeled B.</th>
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</thead>
<tbody>
<tr>
<td><strong>OR</strong></td>
<td><strong>Electrical Equipment</strong> \n</td>
</tr>
<tr>
<td><strong>Multi-Purpose</strong></td>
<td>Ordinary Combustibles, Flammable Liquids, or Electrical Equipment \n</td>
</tr>
</tbody>
</table>
| **Metals** | **Class D** \n| **Class K** | Fires involving powders, flakes or shavings of combustible metals such as magnesium, titanium, potassium, and sodium require special extinguishers labeled D.

**Kitchen Fires** \nFires involving combustible cooking fluids such as oils and fats.

**Note:** Your present fire extinguishing equipment may not put out a fire involving vegetable oil in your deep fat fryer.

*Water - Air-pressurized water extinguishers (APW)*
Water is one of the most commonly used extinguishing agents for type A fires. You can recognize an APW by its large silver container. They are filled about two-thirds of the way with ordinary water, then pressurized with air. In some cases, detergents are added to the water to produce a foam. They stand about two to three feet tall and weigh approximately 25 pounds when full.

APWs extinguish fire by cooling the surface of the fuel to remove the "heat" element of the fire triangle.

APWs are designed for Class A (wood, paper, cloth, rubber, and certain plastics) fires only.

Important:

- Never use water to extinguish flammable liquid fires. Water is extremely ineffective at extinguishing this type of fire and may make matters worse by spreading the fire.

- Never use water to extinguish an electrical fire. Water is a good conductor and may lead to electrocution if used to extinguish an electrical fire. Electrical equipment must be unplugged and/or de-energized before using a water extinguisher on an electrical fire.

**CO2 or Dry Chemical - Carbon dioxide extinguishers**

This type of extinguisher is filled with Carbon Dioxide (CO2), a non-flammable gas under extreme pressure. These extinguishers put out fires by displacing oxygen, or taking away the oxygen element of the fire triangle. Because of its high pressure, when you use this extinguisher pieces of dry ice shoot from the horn, which also has a cooling effect on the fire.

You can recognize this type of extinguisher by its hard horn and absent pressure gauge.

CO2 cylinders are red and range in size from five to 100 pounds or larger.

**CO2 extinguishers are designed for Class B and C (flammable liquid and electrical) fires only.**

Important:
- CO2 is not recommended for Class A fires because they may continue to smolder and re-ignite after the CO2 dissipates.
- Never use CO2 extinguishers in a confined space while people are present without proper respiratory protection.

**Locations:**

Carbon dioxide extinguishers will frequently be found in industrial vehicles, mechanical rooms, offices, computer labs, and flammable liquid storage areas.

**Multi-purpose - Dry chemical extinguishers**

Dry chemical extinguishers put out fires by coating the fuel with a thin layer of fire retardant powder, separating the fuel from the oxygen. The powder also works to interrupt the chemical reaction, which makes these extinguishers extremely effective.

Dry chemical extinguishers are usually rated for class B and C fires and may be marked multiple purpose for use in A, B, and C fires. They contain an extinguishing agent and use a compressed, non-flammable gas as a propellant.

ABC fire extinguishers are red in color, and range in size from five pounds to 20 pounds.

Dry Chemical extinguishers will have a label indicating they may be used on class A, B, and/or C fires.

**Locations:**

These extinguishers will be found in a variety of locations including: public hallways, laboratories, mechanical rooms, break rooms, chemical storage areas, offices, commercial vehicles, and other areas with flammable liquids.

**Class K - Dry and wet chemical extinguishers for kitchen fires**
Due to the higher heating rates of vegetable oils in commercial cooking appliances [NFPA 10](https://www.nfpa.org/standards/nfpa-10), Portable Fire Extinguishers, now includes a Class K rating for kitchen fires extinguishers which are now required to be installed in all applicable restaurant kitchens. Once a fire starts in a deep fryer, it cannot always be extinguished by traditional range hoods or Class B extinguishers.

- Do not attempt to use a Class A extinguisher containing water or CO2 on a deep fat fryer fire. An explosive type reaction may result.

- Place a placard near the Class K fire extinguisher which states: "In case of appliance fire, use this extinguisher only after the fixed fire suppression system has been actuated". Class K fire extinguishers are only intended to be used after the activation of a built-in hood suppression system. If no commercial cooking system hood and fire suppression system exists, Class K extinguishers are not required.

- Extinguishing agents in many Class K extinguishers are electrically conductive and should only be used after electrical power to the kitchen appliance has been shut off. Class K extinguishers use a variety of agents. Potassium bicarbonate is used in some Class K dry chemical extinguishers, and there are also Class K wet chemical extinguishers which spray a fine mist.

- Travel distance to a Class K extinguisher shall not exceed 30 feet.

- Install a 2-A water-type extinguisher or 6L wet chemical fire extinguisher for solid fuel cooking appliances with fire boxes.

- Inspect, test and maintain Class K fire extinguishers yearly.

**Locations:**

These extinguishers will be found in commercial cooking operations such as restaurants, cafeterias, and other locations where food would be served.